

NEWTOWN JUDO CLUB

CODE OF CONDUCT

Our Vision

To maintain and promote the development of martial arts in a safe and caring environment through sound judo techniques and an historical perspective.

To promote participation by players of all ages through the provision of graded classes and individually tailored tuition appropriate for their needs.

To build the public profile of judo through ethical promotion and demonstrated respect for traditional customs and contemporary innovation in coaching and training practices.

To build and maintain linkages with key martial arts organisations in Australia and overseas.

Our Values

Respect, Courtesy and Sincerity

Diversity, Inclusion and Friendship

Consideration and Positivity

Punctuality

You are expected to be punctual as late arrivals disrupt the class. That means arriving and changing well before the class commences.

- Train regularly and with commitment
- If you cannot attend training, notify your instructor
- Be changed and ready for the start of every lesson
- Fill your water bottle and have a towel ready to minimise disruption later in the class

Cleanliness and Hygiene

As you will be interacting closely with your training partners personal hygiene and cleanliness are very important.

- Ensure you have showered and your breath is fresh
- Never train under the influence of alcohol or drugs
- Always wear a clean judogi or karategi
- Ensure your finger and toenails are cut short and clean
- Remove all jewellery before training
- Treat any bleeding or injury immediately
- Clean any fluids from the mat and floor immediately
- Carry a towel to remove perspiration.

Respect

The dojo is a place of learning, treat it with respect.

- Bow on entering and leaving the dojo
- Bow on stepping onto and off the tatami
- Treat your instructors and training partners with courtesy and respect
- Listen carefully to your sensei's instructions
- Obey your sensei's instructions immediately
- Keep talking and chatter to a minimum
- Respect other players' rights to train uninterrupted and without distraction
- Be aware of your surroundings
- Ensure the safety of your training partners
- Wear a club badge on your judogi and kataegi
- Ask permission to leave the dojo during training
- Do your best and try to improve every session

Conduct

It is your responsibility to keep the dojo, including the change rooms and toilets, clean and tidy.

- Assist with the lay-out of the tatami
- Clean up any mess you make, or that you see, immediately
- Report any accidents, breakages or other problems promptly
- Assist with the stacking of tatami at the end of the training session
- No eating, drinking or smoking in the dojo

Payment

- Ensure you are a financial member of Newtown Judo Club
- Ensure your dojo fees are paid on time
- Pay any grading fees on time

Visitors

Visitors are welcome. They should:

- identify themselves to the chief instructor
- sit quietly at the back of the dojo
- refrain from talking to anyone on the tatami

Outside the Dojo

Treat our neighbours and the public with respect.

- Arrive and depart quietly
- Observe the parking restrictions